



Fairmount Fall Dance & Fitness Schedule - **On-site** AND Online Offerings!

Come move with us! Whether you're a novice or an advanced dancer, Fairmount has a class for you. An overview of dance offerings and schedule follows below with descriptions below. Questions about dance class placement or classes? Contact Mariana Perez, Director of Dance at fdt@fairmountcenter.org.

This fall, we are offering **small onsite classes** and professional, quality instruction. We are also offering online instruction. Please note that a student may choose on-site OR online, but may not rotate between those enrollment options once registered. Pricing for fall dance classes is as follows:

Session 2

October 26-December 19 (no classes 11/25-11/28)

45 minute classes/8 weeks: \$80.00 (Note: Wednesday, Thursday, Friday classes are 7 weeks due to 11/25-11/28 closure - Tuition is \$70)
1 hour classes/8 weeks: \$96.00 (Note: Wednesday, Thursday, Friday classes are 7 weeks due to 11/25-11/28 closure - Tuition is \$84)
1.5 hour classes/8 weeks: \$144.00 (Note: Wednesday, Thursday, Friday classes are 7 weeks due to 11/25-11/28 closure - Tuition is \$132)
Tuition for classes meeting more than 1.5 hours per week are calculated based on the above rates.

Dance Attire? Visit <https://www.fairmountcenter.org/dance/> for more information!

Note: Dance classes **on-site** for children 7 years old and under require a parent/guardian to attend with their child. Due to COVID-19, we ask that you attend (in the studio - there are no separate seating areas) with your child. Fairmount has developed extensive procedures to ensure the safety of the community attending on-site programs. Questions or concerns can be directed to Jeannie Fleming-Gifford, Executive Director: jeannie@fairmountcenter.org

MONDAYS - ON-SITE CLASSES Fall 2: 10/26-12/14

Time	Studio D	Instructor	Time	Studio LL	Instructor	Time	Studio MPF	Instructor
5:00-6:00pm	Contemporary IV/V	Kate Webb	4:30-5:15pm	Hip Hop Int/Adv 7-9yrs	Ryan Rosinski	4:45-5:30pm	Tap VI/VII	Sabrina Lindhout
6:00-7:30pm	Ballet VI/VII	Kate Webb	5:30-6:30pm	Hip Hop Int/Adv 9-12yrs	Ryan Rosinski	5:45-6:45pm	Jazz for Teens - Beg	Sabrina Lindhout
7:30-8:30pm	Pointe VI/VII	Kate Webb	6:45-7:45pm	Hip Hop Int/Adv 12-18yrs	Ryan Rosinski			
			7:45-8:45pm	Hip Hop Crew 12-18yrs	Ryan Rosinski			

TUESDAYS - ON-SITE CLASSES Fall 2: 10/27-12/15

Time	Studio MPF	Instructor	Time	Studio LL	Instructor	Time	Studio D	Instructor
10:00-10:45am	KDance 3-4 yrs & adult	Fredrick Moodie	4:30-5:15pm	KDance 3-4yrs & adult	Fredrick Moodie	9:30-10:30am	Yoga	Darlene Kelbach
11:15-12:15pm	Adult Tap Int/Adv	Fredrick Moodie	5:30-6:15pm	KDance 4-5yrs & adult	Fredrick Moodie	4:15-5:15pm	Ballet I	Rebecca Sanders
12:30-1:30pm	Adult Tap Beg/Int	Fredrick Moodie	6:15-7:00pm	Youth Tap I/II/III	Fredrick Moodie	5:30-6:30pm	Ballet II	Rebecca Sanders
5:30-6:30pm	Ballet for Teens	Ben Shepard				6:45-7:45 pm	Ballet III	Rebecca Sanders
6:45-7:45pm	Adult Ballet	Ben Shepard						

WEDNESDAY- ON-SITE CLASSES Fall 2: 10/28-12/16 (no 11/25)

Time	Studio MPF	Instructor	Time	Studio LL	Instructor	Time	Studio D	Instructor
4:45-6:15pm	Ballet IV/V	Kate Webb	6:15-7:15pm	Spanish Beg/Int	Sandi Bohl	5:00-6:30pm	Ballet VII	Ben Shepard
6:30-7:15pm	Pre Pointe IV/V	Kate Webb	7:30-8:30pm	Spanish Dance Int/Adv	Sandi Bohl	6:45-7:45pm	Contemporary VI/VII	Ben Shepard

THURSDAY - ON-SITE CLASSES Fall 2: 10/29-12/17 (no 11/26)

Time	Studio MPF	Instructor	Time	Studio LL	Instructor	Time	Studio D	Instructor
5:00-6:30pm	Ballet IV	Sabrina Lindhout	4:30-5:15pm	Creative Movement	Brittany Sterling	4:45-6:15pm	Ballet V/VI	Emily Dietz
6:45-7:45pm	Jazz IV/V	Emily Dietz	5:15-6:15pm	Modern Jazz I/II/III	Brittany Sterling	6:30-7:30pm	Jazz VI/VII	Sabrina Lindhout
			6:15-7:15pm	Teen Modern	Brittany Sterling			
			7:15-8:15pm	Dance for Fun & Fitness (Adults)	Brittany Sterling			

FRIDAY - ON-SITE CLASSES Fall 2: 10/30-12/18 (no 11/27)

Friday	Studio MPF	Instructor	time	Studio LL	Instructor	time	Studio D	Instructor
10:00-10:45am	KDance 3-4yrs & adult	Fredrick Moodie	4:30-5:15pm	Hip Hop Beg/Int 5-7yrs	Ryan Rosinski	4:15-5:15pm	Ballet I/II	Mariana Perez
10:45-11:30am	KDance 4-5yrs & adult	Fredrick Moodie	5:30-6:30pm	Hip Hop Beg/Int 7-9yrs	Ryan Rosinski	5:30-6:30pm	Ballet III	Mariana Perez
			6:45-7:45pm	Hip Hop Beg/Int 9-12yrs	Ryan Rosinski			

			7:45-8:45pm	Hip Hop Beg 12-18yrs	Ryan Rosinski			
--	--	--	-------------	----------------------	---------------	--	--	--

SATURDAY - ON-SITE CLASSES Fall 1: Fall 2: 10/31-12/19 (no 11/28)

time	Studio D	Instructor
10:30am-12:30pm	Fairmount Dance Company	Kate Webb

ONLINE OFFERINGS - DANCE OR WORKOUT WHEREVER YOU ARE!

Session dates are the same as noted as onsite offerings.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		
Cont IV/V 5:00-6:00pm Kate Webb	Jazz for Teens 5:45-6:45pm Sabrina Lindhout	Zumba 10:00-11:00am Beatrice Parker	Ballet I 4:15-5:15pm Rebecca Sanders	Ballet IV/V 4:45-6:15pm Kate Webb	Ballet VII 5:00-6:30pm Ben Shepard	Yoga 9:30-10:30am Darlene Kelbach	Kinderdance 4:30-5:15pm Fredrick Moodie	Itty Bitty 3:45-4:30 Rebecca Sanders
Ballet VI/VII 6:00-7:30pm Kate Webb		Ballet for Teens 5:30-6:30pm Ben Shepard	Ballet II 5:30-6:30pm Rebecca Sanders	Pre Pointe IV/V 6:30-7:15pm Kate Webb	Cont VI/VII 6:45-7:45 Ben Shepard	Ballet V/VI 4:45-6:15pm Emily Dietz	Ballet IV 5:00-6:30pm Sabrina Lindhout	Youth Ballet 4:30-5:15 Rebecca Sanders
			Ballet III 6:45-7:45pm Rebecca Sanders			Jazz VI/VII 6:30-7:30pm Kate Webb	Jazz IV 6:45-7:45pm Emily Dietz	Zumba 6:00-7:00pm Beatrice Parker
								African Dance 7:15-8:15pm Beatrice Parker



School of Dance Offerings		Recreational Dance & Fitness Offerings	
Progressive, cohesive dance curriculum for ages 5 through 18 years.		Dance for everyone no matter what level of experience or skill.	
Ballet I (5-6yrs) Tuesdays 4:15-5:15pm Fridays 4:15-5:15pm Mariana Perez Rebecca Sanders on-site and online	Love to move? Ballet 1 is a foundation class teaching basic ballet skills, terminology, rhythm, and coordination. Little or no previous dance experience required. A grown-up is required to attend (in studio) with dancer.	Creative Movement (preschoolers + grown-up) Thursdays 4:30-5:15pm Brittany Sterling on-site	Come dance together! Through dance and movement exploration, we'll build teamwork, coordination, listening and motor skills. Plus, we'll have fun!
Ballet II (6-7yrs) Tuesdays 5:30-6:30pm Fridays 4:15-5:15pm Mariana Perez Rebecca Sanders on-site and online	Dancers continue to build on basic technique and ballet vocabulary with an emphasis on terminology and correct placement. A grown-up is required to attend (in studio) with dancer.	Kinderdance (3-4yrs & 4-5yrs with grown-up) Tuesdays 10:00-10:45am (3-4 yrs) 4:30-5:15pm (3-4yrs) 5:30-6:15pm (4-5yrs) Thursdays 4:30-5:15pm (online) Fridays 10:00-10:45am (3-4yrs) 10:45-11:30am (4-5yrs) Fredrick Moodie on-site and online	Kinderdance is designed to introduce dancers to the basics of Ballet and Tap with a focus on rhythm, basic movement, music, listening skills, and expression.

<p>Ballet III (8-10yrs)</p> <p>Tuesdays 6:45-7:45pm Fridays 5:30-6:30pm</p> <p>Mariana Perez Rebecca Sanders</p> <p>on-site and online</p>	<p>Dancers focus on correct placement of the body and refine position and movements.</p>	<p>Itty Bitty Ballet (3-5yrs)</p> <p>Thursdays 3:45-4:30</p> <p>Rebecca Sanders</p> <p>online</p>	<p>The perfect introduction to ballet for your preschooler. Preschoolers are introduced to ballet terminology, positions and are immersed in exploring movement for fun and learning. Adults welcome to join in and dance too!</p>
<p>Ballet IV (10-12yrs)</p> <p>Wednesdays 4:45-6:15pm Thursdays 5:00-6:30pm</p> <p>Kate Webb Sabrina Lindhout</p> <p>on-site and online</p>	<p>Dancers build on kinesthetic memory and self-awareness. This class focuses on the execution of combinations while reviewing previously learned movements.</p>	<p>Youth Ballet (5-7yrs)</p> <p>Thursdays 4:30-5:15pm</p> <p>Rebecca Sanders</p> <p>online</p>	<p>First dance experience? This is the perfect place to start! Youth Ballet engages novice dancers in learning ballet basics and dance vocabulary through creative movement. Little or no previous dance experience required.</p>
<p>Ballet V (12-14yrs)</p> <p>Wednesdays 4:45-6:15pm Thursdays 4:45-6:15pm</p> <p>Emily Dietz Kate Webb</p> <p>on-site and online</p>	<p>Dancers focus on a strong base of technique while building up on terminology and refining upper body placement.</p>	<p>Youth Tap I/II/III (5-10yrs)</p> <p>Tuesdays 6:15-7:00pm</p> <p>Fredrick Moodie</p> <p>on-site</p>	<p>Tap! Dancers will build and refine the fundamentals of tap technique. Little or no previous tap experience required.</p> <p>Is your dancer under the age of 8? Please note that we require you to attend class with your young dancer. Plan to come dance or be in-studio during this class.</p>

<p>Ballet VI (14-16yrs)</p> <p>Mondays 6:00-7:30pm Thursdays 4:45-6:15pm</p> <p>Emily Dietz Kate Webb</p> <p>on-site and online</p>	<p>Dancers, having a strong base of technical ability, continue to grow and focus on performance quality. Dancers expand their vocabulary and technique while increasing difficulty in movement and combinations.</p>	<p>Hip Hop Beg/Int</p> <p>Fridays 4:30-5:15pm (5-7yrs) 5:30-6:30pm (7-9yrs) 6:45-7:45pm (9-12yrs) 7:45-8:45pm (12-18yrs)</p> <p>Ryan Rosinski</p> <p>on-site</p>	<p>Come dance! Learn hip hop techniques and unique choreography.</p> <p>Beginners which require little or no experience.</p> <p>Please note that classes for children under the age of 8 require an adult to attend class in studio with your young dancer (you are welcome to dance along!).</p>
<p>Ballet VII (16-18yrs)</p> <p>Mondays 6:00-7:30pm Wednesdays 5:00-6:30pm</p> <p>Kate Webb Ben Shepard</p> <p>on-site and online</p>	<p>Having a strong technique and solid body placement, dancers focus on performance quality. dancers are expected to know and communicate in the proper vocabulary.</p>	<p>Hip Hop Int/Adv</p> <p>Mondays 4:30-5:15pm (7-9yrs) 5:30-6:30pm (9-12yrs) 6:45-7:45pm (12-18yrs) 7:45-8:45pm (12-18yrs)</p> <p>Ryan Rosinski</p> <p>on-site</p>	<p>Come dance! Learn hip hop techniques and unique choreography.</p> <p>Intermediate/Advanced and require at least one year prior hip hop instruction. Crew is designed for teens wanting to explore hip hop choreography and perform (as feasible).</p>
<p>Pre Pointe IV/V (10-14yrs)</p> <p>Wednesdays 6:30-7:15pm</p> <p>Kate Webb</p> <p>on-site and online</p>	<p>Grow as a dancer while building and focusing on ankle strength in preparation for pointe. During the first year at this level, dancers wear ballet slippers.</p> <p>After mastering strength building exercise and a test (typically after year one), dancers transition to pointe shoes.</p>	<p>Ballet for Teens (12-18 yrs)</p> <p>Tuesdays 5:30-6:30pm</p> <p>Ben Shepard</p> <p>on-site and online</p>	<p>New to dance? This beginning ballet class offers an intro for new dancers that would like to get a taste of ballet or dancers that want to work on refining their technique. Little or no previous dance experience required.</p>

<p>Pointe VI/VII (14-18yrs)</p> <p>Mondays 7:30-8:30pm</p> <p>Kate Webb</p> <p>on-site and online</p>	<p>Dancers are challenged with more difficult curriculum and longer combinations. Classical variations are introduced to the dancers to practice their performance skills on pointe.</p>	<p>Modern for Teens (12-18yrs)</p> <p>Thursdays 6:15-7:15pm</p> <p>Brittany Sterling</p> <p>on-site</p>	<p>Build confidence, explore movement and express yourself. Gain skills in creating dance as you engage in various movement possibilities.</p> <p>Little or no previous dance experience required. A great intro to dance. Fitness attire welcome.</p>
<p>Contemporary IV/V (10-14yrs)</p> <p>Mondays 5:00-6:00pm</p> <p>Kate Webb</p> <p>on-site and online</p>	<p>Dancers develop strong technique, core strength, improvisational and choreographic skills as they develop a better understanding of body awareness and improve performance quality. Dancers focus on learning a variety of contemporary styles from lyrical to current-day, cutting-edge choreography.</p>	<p>Jazz for Teens (12-18 yrs)</p> <p>Mondays</p> <p>Sabrina Lindhout</p> <p>on-site and online</p>	<p>Designed for the teen with little or no previous experience, but wants to gain some skills in dance and movement!</p> <p>Little or no dance experience required.</p>
<p>Contemporary VI/VII (14-18yrs)</p> <p>Wednesdays 6:45-7:45pm</p> <p>Ben Shepard</p> <p>on-site and online</p>	<p>Dancers become more grounded and free with movement. The class is designed to develop technique, core strength, improvisational skills and choreographic skills. Dancers develop a better understanding of body awareness and improved performance.</p>	<p>Adult Ballet</p> <p>Tuesdays 6:45-7:45pm</p> <p>Ben Shepard</p> <p>on-site</p>	<p>Whether for fitness, fun or growth as a dancer, adult dancers will build on basic ballet technique with emphasis on terminology and correct placement. Instruction is geared for those with previous ballet experience, but all levels welcome. Fitness attire welcome.</p>
<p>Modern Jazz I/II/III (5-10yrs)</p> <p>Thursdays 5:15-6:15pm</p> <p>Brittany Sterling</p> <p>on-site</p>	<p>Learn the fundamentals of jazz technique with emphasis on terminology and correct placement. All skill levels welcome!</p>	<p>Adult Tap Int/Adv</p> <p>Tuesdays 11:15-12:15pm</p> <p>Fredrick Moodie</p> <p>on-site</p>	<p>Explore the energy and the excitement of tap.. Combinations will be learned to showcase the student's talents. Basic tap experience required.</p>

<p>Jazz IV/V (10-14yrs)</p> <p>Thursdays 6:45-7:45pm</p> <p>Emily Dietz</p> <p>on-site and online</p>	<p>Dancers learn more intricate combinations and build on their understanding of proper jazz technique. Class focuses on isolations of the body, improving performance quality and achieving complex patterns and rhythms.</p>	<p>Spanish Dance</p> <p>Wednesdays 6:15-7:15pm (Beg/Int - Beginner/Intermediate)</p> <p>7:30-8:30pm (Int/Adv - Intermediate/Advanced)</p> <p>Sandi Bohl</p> <p>on-site</p>	<p>Learn Flamenco, Regional, Classical and Escuela Bolera styles. Come experience Spanish music and movement and explore this legendary artform.</p> <p>Intermediate/Advanced class focuses on technique which includes compass, footwork, Palmas, upper body and arm and castaneting.</p>
<p>Jazz VI/VII (14-18yrs)</p> <p>Thursdays 6:30-7:30pm</p> <p>Sabrina Lindhout</p> <p>on-site and online</p>	<p>Dancers continue to expand their vocabulary and technique while increasing difficulty. Dancers are expected to know and communicate in the proper vocabulary as well as perform to the best of their ability.</p>	<p>Dance for Fun & Fitness (Adults)</p> <p>Thursdays 7:15-8:15pm</p> <p>Brittany Sterling</p> <p>on-site</p>	<p>Rejuvenate, relax and have fun through movement. Learn to use movement to express yourself, exercise and even heal inherently. Feel relaxed and content as you move in the studio. Fitness attire welcome.</p>
<p>Tap VI/VII</p> <p>Mondays 4:45-5:30pm</p> <p>Sabrina Lindhout</p> <p>on-site</p>	<p>Advanced tappers will focus on musicality and understand how to perform various rhythms from step to step. Previous tap experience required. New dancers must be reviewed for placement</p>	<p>African Dance (All Ages)</p> <p>Thursdays, 7:15-8:15pm</p> <p>Beatrice Parker online</p>	<p>Celebrate, learn and dance! Ms. Parker welcomes all levels and abilities to engage in the energy and fun of African Dance.</p>
		<p>Zumba</p> <p>Tuesdays 10:00-11:00am Thursdays 6:00-7:00pm</p> <p>Beatrice Parker online</p>	<p>Come move and groove! Enjoy the sounds of Latin and International music while exploring aerobic fitness and a combination of fast and slow rhythms.</p>

Fitness Offerings			
Yoga Tuesdays (on-site) 9:30-10:30am Thursdays (online) 9:30-10:30am Darlene on-site and online	Breathe and take some time just for you!. This class incorporates meditation and breathing exercises, while exploring a wide range of yoga poses. Instruction is given to accommodate all levels of yogis. All abilities welcome.		

Looking for something different? Private and small group instruction available! Fairmount is proud to customize programs **onsite** and **online**. Connect with us at info@fairmountcenter.org to create your customized, flexible theatre experience!

Refund Policy & Payment Plan: Fairmount strives to ensure the arts are accessible to all. Payment plans are available for tuitions over \$200. For more information or to enroll in the payment plan, please contact Jamie Davis, Office Associate, at 440-338-3171 or info@fairmountcenter.org. Unfortunately, we cannot refund or pro-rate for missed classes. Additionally, there are no refunds for tuitions after class start.

Closing or Program Modification Notification: In the event that Fairmount's facility needs to modify program hours or location, participants will receive notification via email and/or phone. We also invite registrants to follow us on Facebook, Instagram or call 440-338-3171 with any questions or concerns regarding operations.

Thank you for your support! The mission of Fairmount Center for the Arts is to enrich lives through the arts. For nearly 50 years, Fairmount has been engaging thousands each year in dance, music, theatre, art and fitness programs. Today, we need your support more than ever. If you can, please consider a donation to ensure programs continue to engage our community for generations to come:

<https://secure.givelively.org/donate/fairmount-center-for-creative-performing-arts-inc>

We invite you to connect with us anytime: PH: 440-338-3171 Email: info@fairmountcenter.org

Website: www.fairmountcenter.org

Fairmount Center for the Arts - Fall 2020 Dance Classes

440-338-3171 or www.fairmountcenter.org